# Stop Haverhill families from going hungry this Harvest!



Reach Community Projects is the first port of call for local families who are facing poverty and crisis. The numbers coming to us for foodboxes are up 20% since last year

## Need:

- UHT Milk
- Rice pudding
- Tomato sauce
- Custard
- Coffee
- Tea
- Sponge pudding
- Pasta sauce
- Squash
- Cartons of juice
- Tinned fruit
- Tinned tomatoes

# Do **NOT** Need:

- Beans
- Pasta
- Cereal
- Biscuits
- Sanitary products
- Baby products
- Dog / Cat food
- Soup
- Tinned meat
- Tinned fish

You can drop off food donations at our office (address below) anyd weekday between 9am and 5pm, or at these points:

#### Haverhill:

Tesco, Cangle Road - Sainsbury's, Haycocks Rd - Ipswich Building Society, 16 High St - Haverhill Library, Camps Rd - Peasgood and Skeates, 12-14 Queens St - Next Door Cafe, 28 Camps Rd

### Sible Hedingham:

Co-op, Swan St

#### Clare:

Co-op, Market Hill

#### Linton:

Co-op, 106 High St

On behalf of the families you'll be helping - a very big THANK YOU!